

THE risen¹ QUEST

A Shared Journey of Growth and Leadership

The Risen Quest brings together stories, ideas, and moments from our community, Built by people who choose to grow, lead, and rise together.

Event Highlights

Moments from the Quest



Kolkata 30.01.26 Gathering

A Reflective Evening on Energy, Presence & Workplace Balance

The Risen Kolkata gathering brought professionals together for a contemplative session where awareness and inner balance took centre stage. Anchored in reflection more than performance, the event focused on how individuals can navigate stress and sustain presence in complex professional environments, staying true to RiseN's ethos of thoughtful dialogue over instruction.

[→ Relive the moments on Instagram](#)

[→ Download event photographs](#)

Business Pulse

India Hosts Global AI Impact Summit 2026

India is bringing together global leaders, policymakers, and technology experts in New Delhi for the India AI Impact Summit 2026 from 16–20 February, the first major AI summit hosted in the Global South. The summit emphasises inclusive access, practical implementation, and collaboration across sectors such as governance, healthcare, education and agriculture, signalling India's growing stature in shaping how AI can drive equitable innovation and economic growth.

Read more on this [here](#)

RBI Boosts Credit Access for Small Businesses & REITs

The Reserve Bank of India announced measures to enhance financing avenues for small enterprises and the real estate sector. It proposed doubling collateral-free loan limits for small businesses from ₹10 lakh to ₹20 lakh from April 2026 and permitting banks to extend credit to Real Estate Investment Trusts (REITs) under prudential safeguards. These moves aim to strengthen last-mile lending and broaden access to long-term capital, offering growth support to SMEs and commercial real estate development.

Read more on this [here](#)

Community Spotlight

Risen Journeys

Mr. Ashutossh Shah

Insurance Advisor | LIC, Health & General Insurance | Mumbai

Mr. Ashutossh Shah represents a third-generation legacy in insurance advisory, working across LIC, health, and general insurance for families and businesses. From senior citizen covers extending up to 100 years of age to specialised policies structured at 86 and 97 years with substantial sum insured, his work reflects long-term protection over transactional selling. Alongside life and mediclaim planning, he advises on fire, liability, society, lift, professional indemnity, and motor insurance — building risk frameworks with clarity and foresight.



The Challenge:

Designing insurance solutions that balance legacy trust with evolving risk, while ensuring coverage remains relevant across generations and changing business environments.

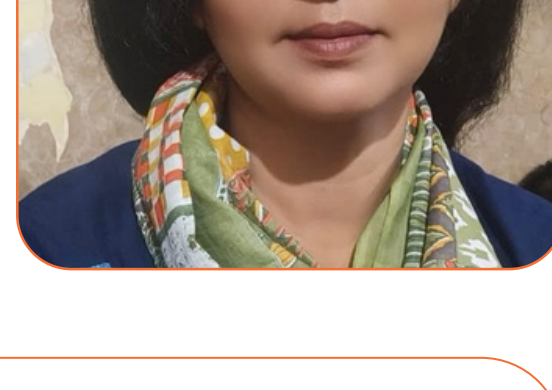
3 Key Learnings

- Protection must evolve with life stages: Risk requires thoughtful restructuring at every phase.
- Advisory is built on credibility: Long-term trust outweighs short-term transactions.
- Structured risk creates stability: Clear coverage strengthens families and enterprises.

Dr. Muneerah Kuraishi

Naturopath | Yoga Practitioner | Community Health Leader

With 26 years of clinical practice, Dr. Kuraishi pioneers integrative healing at the intersection of naturopathy, women's health, and community wellness. Founder of Shifa Naturopathic Centre and a healthcare media consultancy (FM 100.5, FM Gold, Akashvani), she extends clinical expertise into public education and celebrity health management. Her leadership is grounded in service: building trust through active listening, clinical precision, and sustained community dialogue.



The Challenge:

Sustaining empathy and excellence in high-pressure environments where precision and compassion must coexist.

3 Key Learnings

- Leadership through service: Authority earned by consistency and care.
- Listening deepens impact: Dialogue builds durable trust.
- Community sustains resilience: Shared responsibility strengthens ecosystems.

Reflections from the Stage

Mr. Himanshu Poddar

Pranic Healer & Trainer | Inner Balance, Presence & Professional Well-Being

At the Kolkata gathering, Mr. Himanshu Poddar guided attendees through a powerful session on how energy awareness can help professionals navigate workplace stress and maintain equilibrium in demanding contexts. His reflections centred on the role of energy, purpose and intentional presence in sustaining professional clarity.

Key Ideas Shared

- Workplace stress impacts energy flow: Emotional tension often disrupts attention and clarity more than external demands.
- Awareness precedes action: Mindful presence enables professionals to respond rather than react under pressure.
- Balance is cultivated: Small, consistent practices are foundational for long-term stress resilience.
- Presence shapes performance: How one holds attention internally often determines effectiveness externally.

One Thought to Carry Forward

Stress isn't a problem to solve; it's a state to understand before action unfolds.

How the Community Can Support

Encourage conversations around stress and mental clarity at the workplace

Create cultures that value balance alongside performance

Normalise reflective practices in high-pressure professional environments

Learn more about Mr. Himanshu Poddar's journey [→ Instagram](#)

Community Voices

What Our Members Are Saying

Being part of the Risen community is truly a beautiful experience.

- Ms. Pratima Nayak

I love the concept of Risen - rising together. There's so much to learn when people come together and share openly.

- Ms. Barasha Pathak

RiseN is a movement of leadership where entrepreneurs come together to share experiences, inspire one another, and collaborate to build their brands and businesses.

- Dr. G. Ramesh



From the Editor

Editor's Note

In a week associated with connection and presence, it's worth pausing to consider the invisible and steady forces that shape leadership, not the grand gestures, but the quiet commitments that sustain long journeys.

At Risen, leadership isn't only about ambition; it is about how we hold ourselves in moments of pressure, balance competing priorities, and attend to what truly matters in work and in life.

This edition of The Risen Quest brings together insights from recent gatherings, signals from the evolving business landscape, and early reflections from our community, a reminder that meaning often lives in how we stay present to both purpose and challenge.

- Riddhi Beriwal

What's Coming Up

The Road Ahead

Risen is extending its dialogue-led format into the campus space, partnering with educational institutions to create curated interactions focused on leadership, responsibility, and real-world decision-making.

These sessions will offer students a space to explore context, complexity and belonging beyond conventional frameworks, blending reflection with practical insight as they begin their own professional journeys. More on this in the upcoming edition.



Share Your Story



Connect & Collaborate

The Risen Quest continues - shaped by people who believe in growing together.

Want to Share Your Journey or Business?

If you'd like to feature your business, ideas, or experiences in The Risen Quest, email us at therisennclub@gmail.com.

Your story could inspire the next wave of leaders in our community!